

Musicianship Training for Singers 1  
歌手のための音楽の基礎トレーニング1

Kentaro Sato (Ken-P)

♩ = c. 80

1 Major Scale / 長音階

do re mi fa so la ti do do ti la so fa mi re do

This exercise is a Major Scale in 4/4 time, starting on middle C. The melody is written in the treble clef and the bass line in the bass clef. The lyrics are: do re mi fa so la ti do do ti la so fa mi re do. The piece ends with a repeat sign.

5 Natural Minor Scale / 自然短音階

do re me fa so le te do do te le so fa me re do

This exercise is a Natural Minor Scale in 4/4 time, starting on middle C. The melody is written in the treble clef and the bass line in the bass clef. The lyrics are: do re me fa so le te do do te le so fa me re do. The piece ends with a repeat sign.

9 Harmonic Minor Scale / 和声的短音階

do re me fa so le ti do do ti le so fa me re do

This exercise is a Harmonic Minor Scale in 4/4 time, starting on middle C. The melody is written in the treble clef and the bass line in the bass clef. The lyrics are: do re me fa so le ti do do ti le so fa me re do. The piece ends with a repeat sign.

13 Melodic Minor Scale / 旋律的短音階

do re me fa so la ti do do te le so fa me re do

This exercise is a Melodic Minor Scale in 4/4 time, starting on middle C. The melody is written in the treble clef and the bass line in the bass clef. The lyrics are: do re me fa so la ti do do te le so fa me re do. The piece ends with a repeat sign.

17 Chromatic Scale / 半音階

do di re ri mi fa fi so si la li ti do ti te la le so se fa mi me re ra

This exercise is a Chromatic Scale in 4/4 time, starting on middle C. The melody is written in the treble clef and the bass line in the bass clef. The lyrics are: do di re ri mi fa fi so si la li ti do ti te la le so se fa mi me re ra. The piece ends with a repeat sign.

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23 Major Scale Practice / 長音階の練習

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39 Chromatic Scale Practice / 半音階の練習

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Interval 1 (Major Scale) / 長音階の主音との音程

53 \* [M = major], [m = minor], [P = perfect], [A = augmented], [D = diminished]

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Interval 2 (Minor Scale) / 自然短音階の主音との音程

\*[M = major], [m = minor], [P = perfect], [A = augmented], [D = diminished]

61

Musical notation for Interval 2 (Minor Scale) in G minor. The score shows intervals between the tonic (G) and other notes in the scale. The intervals are: M-2nd (long-2), m-3rd (short-3), P-4th (perfect-4), P-5th (perfect-5), m-6th (short-6), m-7th (short-7), P-8th (perfect-8), and do (octave). The intervals are repeated in the next octave.

Interval 3 (Chromatic Scale) / 半音階の主音との音程

\*[M = major], [m = minor], [P = perfect], [A = augmented], [D = diminished]

69

Musical notation for Interval 3 (Chromatic Scale) in G minor. The score shows intervals between the tonic (G) and other notes in the chromatic scale. The intervals are: m-2nd (short-2), M-2nd (long-2), m-3rd (short-3), M-3rd (long-3), P-4th (perfect-4), A-4th (augmented-4), D-5th (diminished-5), P-5th (perfect-5), m-6th (short-6), M-6th (long-6), m-7th (short-7), M-7th (long-7), and P-8th (perfect-8), do (octave). The intervals are repeated in the next octave.

76

Musical notation for Interval 3 (Chromatic Scale) in G minor. The score shows intervals between the tonic (G) and other notes in the chromatic scale. The intervals are: m-2nd (short-2), M-2nd (long-2), m-3rd (short-3), M-3rd (long-3), P-4th (perfect-4), A-4th (augmented-4), D-5th (diminished-5), P-5th (perfect-5), m-6th (short-6), M-6th (long-6), m-7th (short-7), M-7th (long-7), and P-8th (perfect-8), do (octave). The intervals are repeated in the next octave.

83 Ionian Mode (= Major Scale) / イオニア旋法 (= 長音階)

Musical notation for the Ionian Mode (Major Scale) in G major. The score shows the scale with lyrics: do re mi fa so la ti do do ti la so fa mi re do. The intervals are: M-2nd (long-2), M-3rd (long-3), P-4th (perfect-4), A-4th (augmented-4), D-5th (diminished-5), P-5th (perfect-5), M-6th (long-6), M-7th (long-7), and P-8th (perfect-8), do (octave). The intervals are repeated in the next octave.

87 Dorian Mode (Natural Minor Scale + raised 6th) / ドリア旋法 (自然短音階の第6音を半音上げる)

Musical notation for the Dorian Mode (Natural Minor Scale + raised 6th) in G Dorian. The score shows the scale with lyrics: do re me fa so la te do do te la so fa me re do. The intervals are: m-2nd (short-2), M-3rd (long-3), P-4th (perfect-4), m-5th (short-5), M-6th (long-6), m-7th (short-7), and P-8th (perfect-8), do (octave). The intervals are repeated in the next octave.

91 Phrygian Mode (Natural Minor Scale + lowered 2nd) / フリギア旋法 (自然短音階の第2音を半音下げる)

do ra me fa so le te do do te le so fa me ra do

This musical score for exercise 91 is written in a grand staff with treble and bass clefs. The melody is in Phrygian mode, characterized by a lowered second degree. The lyrics are: do ra me fa so le te do do te le so fa me ra do. The piece is in 4/4 time and consists of 16 measures.

95 Lydian Mode (Major Scale + raised 4th) / リディア旋法 (長音階の第4音を半音上げる)

do re mi fi so la ti do do ti la so fi mi re do

This musical score for exercise 95 is written in a grand staff with treble and bass clefs. The melody is in Lydian mode, characterized by a raised fourth degree. The lyrics are: do re mi fi so la ti do do ti la so fi mi re do. The piece is in 4/4 time and consists of 16 measures.

99 Mixolydian Mode (Major Scale + lowered 7th) / ミクソリディア旋法 (長音階の第7音を半音下げる)

do re mi fa so la te do do te la so fa mi re do

This musical score for exercise 99 is written in a grand staff with treble and bass clefs. The melody is in Mixolydian mode, characterized by a lowered seventh degree. The lyrics are: do re mi fa so la te do do te la so fa mi re do. The piece is in 4/4 time and consists of 16 measures.

103 Aeolian Mode (= Natural Minor Scale) / エオリア旋法 (= 自然短音階)

do re me fa so le te do do te le so fa me re do

This musical score for exercise 103 is written in a grand staff with treble and bass clefs. The melody is in Aeolian mode, which is equivalent to the natural minor scale. The lyrics are: do re me fa so le te do do te le so fa me re do. The piece is in 4/4 time and consists of 16 measures.

107 Locrian Mode (Natural Minor + lowered 2nd & 5th) / ロクリア旋法 (自然短音階の第2音と第5音を半音下げる)

do ra me fa se le te do do te le se fa me re do

This musical score for exercise 107 is written in a grand staff with treble and bass clefs. The melody is in Locrian mode, characterized by lowered second and fifth degrees. The lyrics are: do ra me fa se le te do do te le se fa me re do. The piece is in 4/4 time and consists of 16 measures.

Chord Practice / 和音の練習

♩ = c. 60  
C

Cm

111

do mi so do do so mi do | do so mi do do mi so do | do me so do do so me do | do so me do do me so do

Caug

Cdim

115

do mi si do do si mi do | do si mi do do mi si do | do me se do do se me do | do se me do do me se do

Csus4

Csus2

119

do fa so do do so fa do | do so fa do do fa so do | do re so do do so re do | do so re do do re so do

C6

CM7

123

do mi so la do so mi la | la so mi do la mi so do | do mi so ti do so mi ti | ti so mi do ti mi so do

C7

Cm7

127

do mi so te do so me te | te so mi do te mi so do | do me so te do so me te | te so me do te me so do

131 Cm7(b5) Cdim7

do me se te do se me te te se me do te me se do do me se (la) do se me (la) (la) se me do (la) se me do

135 CM9 Cm9 C9 C7(b9) C7(#9)

do mi so ti re ti so mi do me so te re te so me do mi so te re te so mi do mi so te ra te so mi do mi so te ri te so mi

140 CM7(9,#11,13) Cm7(9,11,13)

do mi so ti re fi la fi re ti so mi do do me so te re fa la fa re te so me do

144 C7(9,#11,13) C7sus(9,13)

do mi so te re fi la fi re te so mi do do fa so te re fa la fa re te so fa do

148 C7(b9,b13) C F G C

do mi so te ra mi le mi ra te so mi do do mi so do la fa do la so ti re so do

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